

U.S. Naval Hospital (USNH) Yokosuka and TRICARE

USNH Yokosuka is standing by and ready to assist you with all of your medical needs.

USNH Yokosuka is located on San Diego Street, across the street from the Officer's Club and one (short) block behind PSD.

Who is eligible for hospital care?

Active duty, family members of active duty, retired military, family members of retired military, and DoD civilians with a current insurance plan. Retirees and DoD civilians are seen on a space-available basis only.

Who is eligible for TRICARE?

Active duty members are automatically enrolled into TRICARE Prime. Active duty family members can choose to enroll into TRICARE Prime. Family members not enrolled in TRICARE Prime are eligible for benefits provided under TRICARE Standard. TRICARE Standard benefits include space-available care at the Naval Hospital and cost shares for care received off base. Secondary dependents are eligible for space-available hospital care only and are not TRICARE eligible, and must have medical insurance for care received in Japanese hospitals. For questions about TRICARE, please feel free to call the TRICARE Service Center at DSN 243-9528.

Check-In Procedures

Check-in for both USNH Yokosuka and USNDC Yokosuka have been consolidated into the Put Prevention Into Practice (PPIP) office, located in Building E-22, Room 106. You will need to **call 243-7964 or 243-8980 and make an appointment to check in.** At this check-in, you will submit both your medical and dental records, enroll in TRICARE Prime, complete the Health Enrollment Assessment Review (HEAR) questionnaire, receive a health screening, immunizations and health counseling. Active duty members assigned to ships will check-in through their ship's medical department. All others (shore-based active duty, etc.) will check in through PPIP.

Central Appointments

Appointments with your primary care manager can be made through the central appointments office. If you need to make an appointment, please call 243-5352.

Health Care Information Line (HCIL)

You can call the Health Care Information Line at 0053-111-4621 for 24-hour access to a registered nurse, or access the Audio Health Library, where you can listen to information on more than 500 health topics.

Specialty Care

USNH Yokosuka is the second largest military hospital in the Western Pacific, offering a wide range of specialties. It is not a major medical center however, so Japanese hospitals are occasionally used for specialty care and diagnostic testing. Patients may also be transferred to other military treatment facilities via the aero medical evacuation system (MEDEVAC). Common destinations include USNH Okinawa, Tripler Army Medical Center, and Naval Medical Center, San Diego. Family members must have current passports at all times and non-U.S. passport holders must be prepared to acquire visas for entry into the United States or stop-over locations such as Osan Air Base, South Korea.

Health Promotion Department

This department promotes the voluntary adoption of positive lifestyle and behavioral changes through awareness, education, and intervention strategies. Available classes include: tobacco cessation, stress management, cholesterol awareness, weight management and commissary tour. General military training is offered on over 12 different wellness topics. Facilitator training is also offered to health promotion coordinators of fleet and shore commands. Call 243-2615 for details.

Exceptional Family Member Program (EFMP)

EFMP is a quality of life program (OPNAVINST 1754.2) designed to identify family members with long term health care or special education needs. EFMP ensures that active duty members will be assigned to locations where the special needs of the family will be met. Enrollment is mandatory. For more information contact your command EFMP point of contact. At USNH Yokosuka call 243-5279.

USNH Yokosuka Web Page

We're on the Internet! Our web site contains all of the information listed above and much more. The URL is www.nhyoko.med.navy.mil

Important Phone Numbers:

- Consolidated Check-In at Put Prevention Into Practice (PPIP) 243-7964/8980
- TRICARE Service Center 243-9528
- Hospital Information Desk (24 hour) 243-7144/5247
- Emergency Room 243-7141
- Hospital Central Appointments 243-5352
- Dental Appointments..... 243-5542
- Health Care Information Line 0053-111-4621